## FIRST AID/ACCIDENT REPORT FORM (begin here)

## **FINDINGS FIRST AID GIVEN** Airway, Breathing, Circulation Initial Rapid Check (Chest Wounds, Severe Bleeding) ASK WHAT HAPPENED: ASK WHERE IT HURTS: **ALLERGIES** TAKE PULSE & RESPIRATIONS | PULSE RESPIRATIONS TEAR HERE - KEEP THIS SECTION WITH THE VICTIM SKIN: Color Temperature Moistness PUPILS: Regular in size Equally reactive STATE OF CONSCIOUSNESS HEAD: Scalp -- Wounds Ears, Nose -- Fluids Jaw -- Stability Mouth -- Wounds NECK: Wounds, Deformity CHEST: Movement, Symmetry ABDOMEN: Wounds, Rigidity PELVIS: Stability **EXTREMITIES:** Wounds, Deformity Sensations & Movement Pulses Below Injury BACK: Wounds, Deformity PAIN (Location) LOOK FOR MEDICAL ID TAG AGE VICTIM'S NAME DATE **COMPLETED BY** TIME

## **RESCUE REQUEST**

Fill Out One Form Per Victim

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		REVASS	E □ AVALANCHE		
ENT					
INJURIES (List Most Severe First)					
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			When leave scene		
-+					
VICTIM'S NAME					
NOTIFY (Name)  RELATIONSHIP					
			146		
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DETACH HERE

- SEND OUT WITH REQUEST FOR AID

## **SIDE 2 RESCUE REQUEST**

EXACT LOCATION (Include M	arked Map If Possible)							
QUADRANGLE:	SECTION:							
GPS Coordinates:	DATUM:	DATUM:						
TERRAIN: GLACIER BRUSH FLAT OTHER: (Descri	☐ SNOW☐ TIMBER☐ MODERATE	□ ROCK □ TRAIL □ STEEP						
ON SITE PLANS:  Will Stay Put  Will EvacuateTo								
Can Stay Overnight Safely On Site Equipment:	<del>-</del>	☐ Ground Insulation☐ Hardware☐ Fuel☐						
Cell Phone:								
LOCAL WEATHER		_						
SUGGESTED EVACUATION								
EQUIPMENT NEEDED:	☐ Rigid Litter ☐ Foo ☐ Other:	d 🔲 Water						
PARTY MEMBERS REMAINING (Indicate Numbers) Scrambling Students Basic Students Basic Grads								
Intermediate Students	Intermediate Grads	Others						
ATTACH THE PRE-TRIP LIST addresses and phone numbers bership and persons to notify in PARTY LEADERS:	s. Update the list to accuratel							
NAMES OF MESSENGERS S	ENT FOR HELP							
WHOM TO NOTIFY TO INITIA IN NATIONAL PARK: NO OUTSIDE NATIONAL PAR IN CANADA: RCMP		all 911)						
After initiating a rescue, call The Mountaineers emergency line								
206-521-6030								
This will bring the services of the representative can provide adv								

This will bring the services of the Mountaineers organization to bear. The club representative can provide advice on managing through the incident, notify emergency contacts and relevant committee/club leadership, and serve as spokesperson for external organizations such as the media.

VITAL SIGNS RECORD												
Record TIME	BR Rate	EATHS Character	F Rate	PULSE Character	PULSES BELOW INJUIRY	PUPILS	SKIN	STATE OF CON- SCIOUS- NESS	OTHER			
		Deep Shallow Noisy Labored		Strong Weak Regular Irregular	Strong Weak Absent	Equal size React to Light Round	Color Temp. Moistness	Alert Confused Unre- sponsive	Pain Anxiety Thirst Etc.			
Other Observations:												